

Essential Services Information During COVID-19



OFFICE OF COMMUNITY &
ECONOMIC DEVELOPMENT

Collaborative solutions for a promising future



Energy Bill

DTE and Consumers Energy have shutoff for non-payment for low-income eligible customers as well as for senior citizens have been suspended. For those in need of payment assistance due to loss of income or medical condition, contact 1-800-477-4747 (DTE) or 1-800-477-5050 with any questions.



Internet Access

Internet providers are offering free packages for new low-income customers or households with students, including Comcast (866.500.0017), Charter (833.267.6094), AT&T (888.333.6651), MetroNet (www.metronetinc.com/studentspecial)



Moratorium on Evictions

Washtenaw County courts have issued temporary moratoriums on evictions. This means there will be no evictions ordered and no eviction case hearings until the moratoriums expire. Visit bit.ly/wc-eviction-moratorium to learn more.



Unemployment Services

You can file a new claim for unemployment benefits by visiting www.michigan.gov/UIA or calling 1-866-500-0017



Pet Supply Assistance

Huron Valley Humane Society has a free pet food pantry. To learn more call 734-661-3552. If you can't leave your home and cannot afford to purchase food online, please contact kariem@hshv.org.



Childcare Options

Under the "Stay Home, Stay Safe" executive order, childcare providers are only open for essential workers. To learn more, go to <https://www.helpmegrow-mi.org/essential>



Food Pantry

Visit foodgatherers.org or call (734) 761-2796 for a list of their open pantries around the county.



Public Transportation

TheRide is suspending the collection of fares on all fixed-routes and demand response services, however their service levels will be reduced. For more information, call 734-996-0400 or visit theride.org.

You can find more information about these and other services at

Washtenaw.org/3100

COVID-19

Protecting yourself and others

Stay home, stay safe



- **Stay home!** Leave for essential trips ONLY, like going to the grocery store or pharmacy.
- Practice social distancing if you must go out. Keep at least 6 feet between people.
- Do not touch your face or mouth, especially when out.
- Wash your hands often with soap and water for at least 20 seconds, especially after you have been in a public place.
- If soap and water are not available, use hand sanitizer with at least 60% alcohol.
- Monitor your mental health. Take news and social media breaks. Chat with friends and family on the phone or video chat. Talk a walk outside or spend time in your yard. If you are struggling, connect with Washtenaw County Community Mental Health by phone at 734-544-3050 or text SHARE to 741741.

Manage mild symptoms at home



- Stay home to manage mild symptoms of COVID-19 including cough, fever, fatigue, abdominal cramps, mild nausea, vomiting, or diarrhea.
- Take acetaminophen (Tylenol) up to every 4 hours or ibuprofen (Motrin/Advil) up to every 6 hours for fever. You can alternate these if you need relief prior to when the next dose is due. Do not exceed the maximum dose per day for any medication.
- Stay hydrated by drinking water or sports drinks. Eat when possible.
- Avoid other family members and friends by following isolation instructions.

When to seek medical care



Call ahead before going to your healthcare provider. Call your doctor if you have:

- Fever that does not come down with medication.
- Vomiting or diarrhea lasting more than 24 hours, or any bloody diarrhea.
- Shortness of breath.
- Symptoms that keep getting worse and feel unmanageable.

Call ahead to the Emergency Department or call 9-1-1 if you have:

- Difficulty breathing/inability to catch your breath.
- Chest pain.
- Feel faint, light-headed, or unstable in any other way.

Rely on official information



Washtenaw County
washtenaw.org/COVID19

Michigan
michigan.gov/coronavirus

National
cdc.gov/COVID19